#### Gluten Free =



#### FOOD SOLUTIONS -est. 1967-

#### \*12980-Bacon Wrapped Sirloin Bites

60 pc/case | \$46.00

#### \*10333- 6oz Striploin Steak AA+ 8 Steaks/case | \$45.00

#### \*52111 - Lean Ground Beef (Frozen)

5 X 1lb packs | \$34.00

# Made In Housell

53092-6oz Salisbury Steak (Jake

**Burger**) 30 burgers/case | \$75.00

**51283-Beef Meatballs** 

10lb Case | \$67.00

#### \*51037 - 4oz Beef Souvlaki Skewers

20 Skewers/case | \$53.00



### \*50608- Maui Style Short Ribs

5lb case | \$62.00



#### 51449-Ginger Beef w/Sauce

10lb Case | \$82.00



#### 53294 - 4oz Wild Dave Burgers

40 burgers/case | \$64.00



5 X 1lb packs | \$35.00

Quality Beef!

\*64525 - Ground Bison 5 X 1lb Packs | \$65.00



\*10046- 8oz Sterling Silver Sirloin Steaks | \$67.00 6 Steaks/Case Individually Packaged

\*14650-8oz Sterling Silver New York Strip Steaks | \$93.00 6 Steaks/Case Individually Packaged

\*28004- 10oz Rib Eye Steaks | \$114.00 6 Steaks/Case Individually Packaged

\*38254- Baron of Beef Roast | \$43.00 5lb Baron Roast

Sterling Silver Beef is sourced from the North American Great Plains. Experience nothing but PREMIUM quality with this beef, carefully selected for optimal flavour, tenderness, and juiciness. Hand-cut from the top 12% of all beef, this beef is expertly aged for an exceptional eating experience. Enjoy a delicious meal with our top-notch beef!



# Finger Lickin' Chicken!

Gluten Free = \*



\*60190-6oz Natural Chicken Breast 5.5lb case | \$67.50



60854-Snakosaur Chicken Nuggets 8.8lb case | \$63.00



60169- Fully Cooked
Breaded Chicken
Chunks (various sized)
4.4lbs | \$25.00





\*61569-Chicken Souvlaki Skewers 20 Skewers/case | \$67.00



59392- Breaded Chicken Strips 5lb case | \$27.50



60166- Battered Ginger Chicken
Fully cooked w/sauce
8.81b case | \$63.00



8.8lb case | \$89.00 (approx. 84 Wings)



60257-KFC Style Breaded
Chicken
approx. 18pc/bag | \$40.00



60656-Sweet Thai Chili Chicken 9lb case | \$63.00



59411- 5oz Chicken Cordon Bleu 30 pieces | \$84.00



#### ITEMS MADE IN HOUSE!!



\*58052-Breakfast Sausage 60pc/case | \$30.00



\*55731-Ground Pork
5 x 1lb Packages | \$29.00



54636-4oz Breaded Pork Cutlets 40pc case | \$69.00



\*58064-Sausage Combo
Contains Beef, Chorizo, Mild
Italian, Hot Italian & Banger
Sausage
5lb case | \$43.00



54447-Pork Dry Rib Bone In 10lb case | \$80.00



\*54854-Pork Baby Back Ribs 11lb case | \$72.00



\*50888-Pork Souvlaki 4oz 20 Skewers/case | \$55.00



\*55519-Boneless Pork Steaks 5lb/case | \$30.00



\*55361-Natural Smoked Bacon 5 x 1lb Packages | \$45.00



51363- 1.6oz Breakfast Sausage Patties
Fully Cooked
100 Patties | \$79.00

#### Gluten Free = \*

### Seafood! Eat food!



73485- Shrimp Dumplings | \$10.00 1lb Bag

\*73261- 16/20 White Tiger Prawns | \$29.00 2lb Bag OR



\*73402- 21/25 White Tiger Prawns | \$25.00 2lb Bag

73452- Breaded Butterfly Shrimp | \$42.00 3lb Bag



\*73154- Bacon Wrapped Scallops | \$38.00 2.2lb Bag



**Easy Eats** 

79224- 50g Spring Rolls | \$8.00 16 Spring Rolls/Tray

79163- Potato & Cheddar Perogies 144 Perogies | \$31.00

79935-65a Pizza Sticks Pepperoni & Cheese 50 sticks | \$55.00



79096- Gyro Slices | \$61.00 5lb box of Beef & Lamb Gyro Slices



79733- Cabbage Rolls 2 x 16 Piece Trays | \$65.00



77951- French Toast Sticks Approx. 100 Sticks | \$50.00

78991- 4oz Sausage Rolls 48 rolls | \$68.00



## The Sides

80271- Pub Style Fries | \$12.00 4.5lb Bag

80024- Lattice Fries | \$12.00 4lb Bag

80149- Zesty Wedges | \$13.00 5lb Bag

80085- Tempura Onion Rings | \$52.00 8.8lb Case









Our signature lines of sliced meats are made with only the finest ingredients and no fillers or binders.

They are MSG free, Soya free and Gluten free. Pre-sliced for your convenience.



58396- Turkey Breast | \$18.50 500g Package

57136- Black Forest Ham | \$10.00 500g Package

57155- Honey Ham | \$10.00 500g Package

59110- Roast Beef | \$18.00 500g Package

59036- Corn Beef | \$17.00 500g Package



80218- Whole Strawberries | \$9.00 1 Kg Bag

80216- Wild Blueberries | \$15.00 1 Kg Bag

80214- Berry Blend | \$15.00 Raspberry/Blackberry/Blueberry 1 Kg Bag

80212- Mango Chunks | \$10.00 1 Kg Bag

80202- Raspberries | \$20.00 1 Kg Bag

80209- Sliced Peaches | \$9.00 1 Kg Bag